

# SEARCHING FOR YOUR FAVOURITE RECIPES!

Please share them with us!

Marathon Family Health Team is publishing a cookbook that will be made up of our community members' favourite recipes! We need your tasty recipes to make our community cookbook a success! The more recipes you share, the better the cookbook will be!



## **STEP 1: Fill out a recipe submission form**

Find the forms at:

- Marathon Family Health Team
- Marathon Public Library
- [www.mfht.org/healthpromotion](http://www.mfht.org/healthpromotion)

## **STEP 2: Submit your recipe**

Using one of the following options:

- Drop it off at MFHT
- Email it to [healthpromo@mfht.org](mailto:healthpromo@mfht.org)
- Fax it to 807-229-2672

Please submit your recipes by **Friday, February 26.**

All proceeds from this fundraiser will go towards Marathon Family Health Team's health promotion programming.

