

SEARCHING FOR YOUR FAVOURITE RECIPES!

Please share them with us!

Marathon Family Health Team is publishing a cookbook that will be made up of our community members' favourite recipes! We need your tasty recipes to make our community cookbook a success! The more recipes you share, the better the cookbook will be!



STEP 1: Fill out a recipe submission form

Find the forms at:

- Marathon Family Health Team
- Marathon Public Library
- www.mfht.org/healthpromotion

STEP 2: Submit your recipe

Using one of the following options:

- Drop it off at MFHT
- Email it to healthpromo@mfht.org
- Fax it to 807-229-2672

Please submit your recipes by **Friday, March 2.**

All proceeds from this fundraiser will go towards Marathon Family Health Team's health promotion programming.

