



MARATHON
FAMILY HEALTH TEAM

My Advanced Care Plan

REFERENCE GUIDE

Where to access the form:

- └ Marathon Family Team Health Promotion Facebook page.
- └ mfht.org/
- └ Pick up a copy from MFHT clinic.
- └ Request a copy by email or mail by calling the clinic 229-3243.

What to do with the form:

1. Review the My Advanced Care Plan form and the resources listed at the end of the form.
2. If you would like to discuss this form and your Advanced Care Plan further with your Doctor or Nurse Practitioner, please contact MFHT to book a phone appointment:
 - a. Email: appointments@mfht.org
 - b. Phone: 229-3243
3. You can print and complete and sign the form or complete and sign it online. Once you have completed and signed the form, please keep a copy for yourself, your Substitute Decision Maker, and provide a copy to your Doctor or Nurse Practitioner by:
 - a. Secure email: earmitage@mfht.org
 - b. Drop off: at MFHT
 - c. Mail: MFHT Box 399, Marathon, ON P0T 2E0
4. When the form is received:
 - a. Your Doctor or Nurse Practitioner will review it.
 - b. A copy will be scanned to your medical chart.
 - c. A copy will be sent to Wilson Memorial General if you have provided consent to do so.

*Please also consider registering to become an organ and tissue donor at beadonor.ca