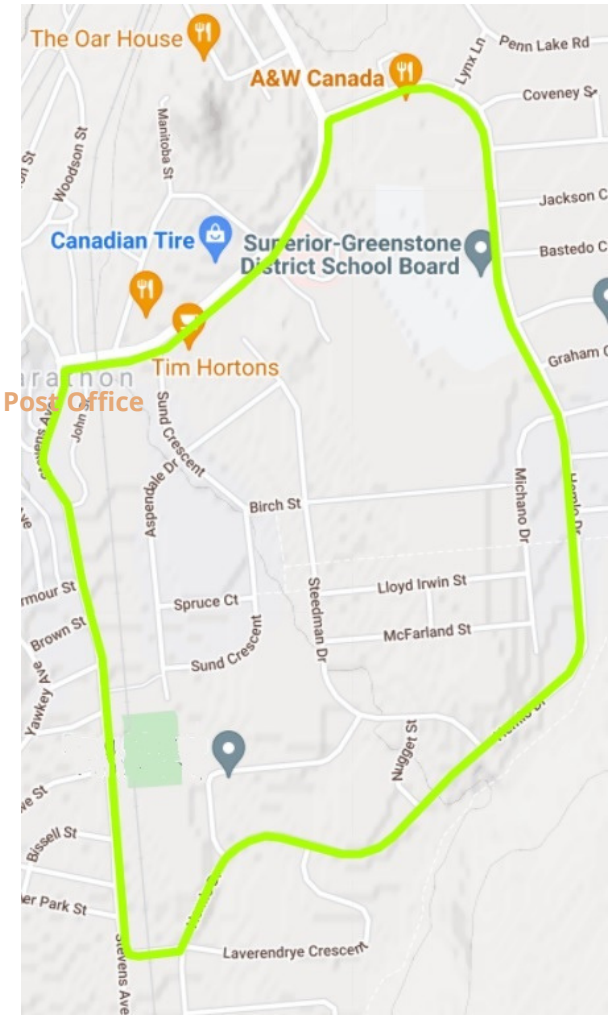
Loop #4—Easy Level

This relatively easy urban trail is what local Marathon residents have come to know as "The Loop". The trail begins at the Post Office for those who are unfamiliar with the trail. Continue to walk down Stevens Ave until you reach the second tunnel. Walk down Hemlo Drive all the way to Peninsula Road until you reach the Post Office again. Walkers can access this trail from any point in town and follow the same path back to their starting location

Time to Walk: ~ 40 mins

Length: 4.4 kms
This trail consists mainly of sidewalks. There are several public benches and parks along the route for those who need breaks. Some inclines can also be found on the path.

Access: Post Office. Parking available across the street at the museum.



Walking Loop #4 will add 5,700 steps to your day. Did you know that walking can help strengthen your muscles and reduce your risk of heart disease? For more information on the benefits of walking and spending time in nature, visit the Marathon Family Health Team's website at **mfht.org/stepoutside/** or **scan the QR code**. While you're there, discover other trails in the Marathon area that you can explore!

MARATHON
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Lake Superior Trail