

# Painter's Peak –Advanced Level

This advanced level trail begins at the end of Carden Cove Beach and can be followed by Group of Seven Lake Superior Trail Association signage. The logo is in the top right corner and can be found on all Group of Seven hiking trails including Painter's Peak.

**Time to Walk:** ~ 1 hour and 30 mins

**Length:** 5 kms return. This trail is a natural surface trail with some steep inclines and uneven ground.

**Access:** Follow the Carden Cove Road and walk the full length of the Beach to reach the trailhead. Parking available at the end of the road.



Hiking Painter's Peak will add 6,250 steps to your day. Did you know that hiking can encourage you to spend time outdoors (which has many health benefits) and help reduce tension and stress? For more information on the benefits of hiking and spending time in nature, visit the Marathon Family Health Team's website at [mfht.org/stepoutside/](http://mfht.org/stepoutside/) or **scan the QR code**. While you're there, discover other trails in the Marathon area that you can explore!



**MARATHON**  
FAMILY HEALTH TEAM



Group of Seven  
Lake Superior Trail