

Penn Ridge—Intermediate Level

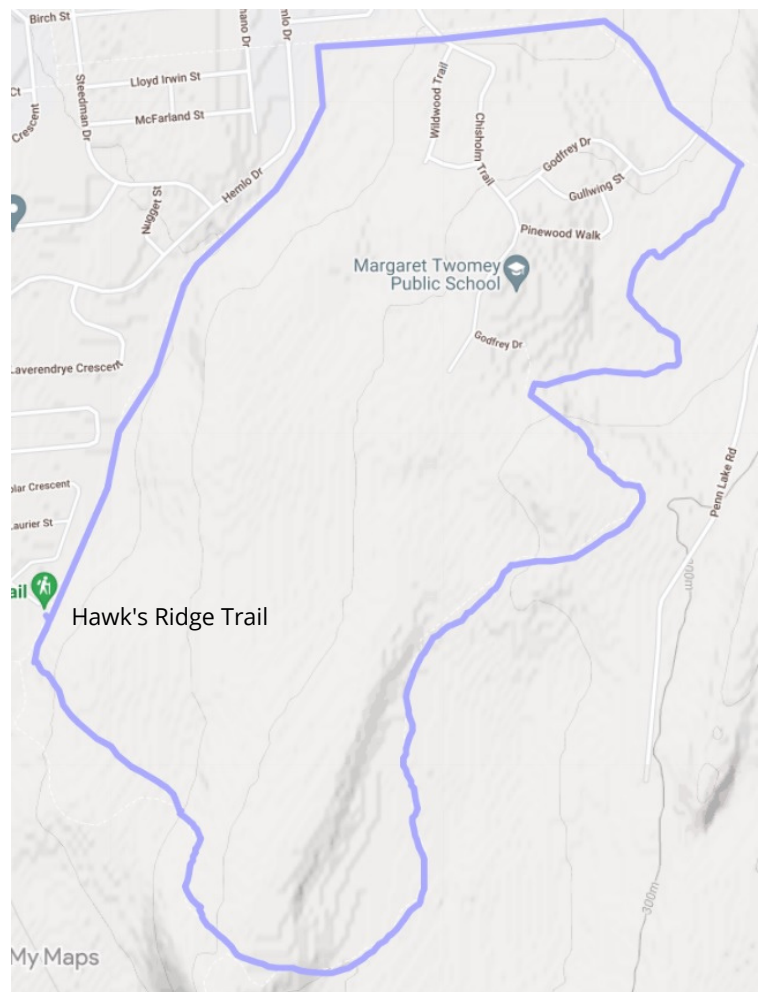
This intermediate level natural surface trail begins in Penn Lake Heights by Margaret Twomey Public School. The trail continues through back paths through Penn Lake Park and Campground.

Time to Walk: ~ 1 hour and 10 mins

Length: 4.4 kms

This trail mostly consists of dirt paths and natural surfaces as well as uneven ground with some inclines. This trail does not have access to public benches outside of Penn Lake Park and Campground.

Access: In front of Margaret Twomey Public School or Hawk's Ridge Trailhead



Hiking Penn Ridge Trail will add 5,700 steps to your day. Did you know that hiking can improve your self-esteem and increase your bone strength? For more information on the benefits of hiking and spending time in nature, visit the Marathon Family Health Team's website at mfht.org/stepoutside/ or **scan the QR code**. While you're there, discover other trails in the Marathon area that you can explore!



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