

# 2019 - 2022 STRATEGIC PLAN REPORT

Marathon Family Health Team (MFHT) allied healthcare providers, with the support of the administration team and affiliated physician group, work together to achieve MFHT's strategic directions and to improve the quality of local primary care services.

In March 2022, MFHT wrapped up its 2019-2022 strategic plan. Below are highlights of what was achieved as part of each of the four key priorities.

1

## Enhancing Indigenous relationships to respond to healthcare goals

- 100% of staff and providers received Indigenous Cultural Safety Training
- Established the Enhancing Indigenous Relationships Committee in 2021
- Obtained Indigenous artwork for the patient waiting room, as well as new signage for exam room suites that include Ojibway language
- Participated in events hosted by neighbouring Indigenous communities
- Provided outreach clinics and workshops in Biigtigong Nishnaabeg
- Prepared Indigenous palliative/end of life bags

2

## Develop a collaborative community health plan

This direction was replaced by a new focus: the COVID-19 pandemic response.

- Supported the COVID-19 Assessment Centre
- Created a vaccine planning framework
- Kept our communities informed about COVID-19
- Offered 14 mass COVID-19 immunization clinics for 1st and 2nd doses; 3 booster dose clinics and 2 clinics for children & youth
- Participated in community support & outreach efforts

Of note: the Marathon Home and Community Care Program was established in 2019.

3

## Support quality aging in our community

- Supported the ongoing operation of a volunteer run Indoor Walking Program
- Established a Quality Aging Committee
- Developed a Falls Prevention Program
- Implemented malnutrition screening
- Attached complex patients 65+ with a physician or nurse practitioner
- Increased pneumococcal vaccine uptake
- Provided education on Advance Care Planning and Palliative Care
- Launched programs that focus on chronic disease prevention and screening
- Established a Palliative Care Sub-committee

4

## Optimizing strategies to support mental health

- Launched the Marathon RAAM (Rapid Access to Addiction Medicine) clinic
- Offered community events/initiatives during Mental Health Awareness Weeks
- Offered eating disorder consults & Emotional Eating and Cravings group workshops
- Created virtual resources to support patients during the pandemic
- Implemented programs to encourage social connection and prevent loneliness
- Offered community challenges that encouraged positive mental health practices

## ACCOMPLISHMENTS BY THE NUMBERS

The numbers below reflect the accomplishments of MFHT allied healthcare providers (physicians are not included unless specified) who serve approximately 4,200 patients.

- 20,364 primary care visits (50,000+ including physicians)
- 2,133 urgent care visits
- 2,488 Home & Community Care visits
- 2,385 RAAM Clinic visits
- 3,747 Assessment Centre visits
- 3,421 virtual appointments
- 1,735 published health promotion communications
- 6,100+ COVID-19 vaccines administered
- 14 community outreach efforts
- 12 new programs & services
- 15 strengthened partnerships
- 8 rural generalists retained
- 87 locums & 28 learners



**2023-2026 STRATEGIC PLAN COMING SOON!**